

## Assisted Living Move-In Checklist

### **Furniture:**

- Bed – Hospital Bed, or a bed from home
- Nightstand(s)
- Seating – Recliner, small chairs with arms, small sofa. Avoid chairs with wheels.
- Dresser
- Small Dining Table
- Television
- Small TV Stand/Entertainment Center
- Dirty Clothes Hamper
- Side tables

### **Housewares:**

- Dishes and utensils
- Coffee maker
- Bedding
- Bath towels
- Bathroom and kitchen hand towels
- Hangers
- Microwave
- Mini-Fridge
- Trash cans – for the kitchen area, bathroom, bedside, etc.
- Wall clock
- Lamps
- Curtains – blinds are usually provided
- Non-slip bathroom floor mats
- Laundry basket – if doing personal laundry
- Bedsheets
- Comforter
- Pillows

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### **Personal Items:**

- Clothing – 2 weeks worth of clothing is recommended, so there are plenty clean clothes while dirtied clothing is being laundered
- Shoes – non-skid are recommended
- Basic Toiletries
- Medications
- Photographs
- Small file or folder for documents or other medical, legal or financial paperwork
- Wall décor, paintings, etc.
- Small blankets or throws for sitting chair or couch
- Plants
- Hobby supplies

### **Cleaning Supplies:**

- Dish Soap
- Hand soap
- Disinfectant/All purpose wipes
- Sponge to clean dishes

### **What NOT to bring:**

- Seldom worn jewelry
- Excessive knickknacks or collectables
- Throw Rugs or Area Rugs – Can be a trip hazard
- Large furniture
- Chairs on wheels
- Boxes of stored items that will not be used often, or are hard to manage alone